

MELISSA ALVAREZ
Author, Instructor and Spiritual Coach
[Talking Points]

Photo by Isabel Barney



Melissa Alvarez is an experienced writer and speaker. Her articles have appeared in print and online magazines, and she has been both guest and host on numerous radio programs. She conducts workshops teaching others to connect with their psychic abilities and spirituality, and has performed psychic readings for nearly twenty years.

An internationally renowned clairvoyant advisor, with experience in many different areas of metaphysics, Alvarez is the former owner and publisher of the small press New Age Dimensions and can speak or write on any of the subjects below.

Raising Your Frequency

- **365 Ways to Raise Your Frequency**
 - Alvarez's new book, *365 Ways to Raise Your Frequency*, offers a year's worth of exercises and simple tools to increase your spiritual energy and bring balance, purpose and joy to your life

Metaphysical Topics

- **In Sync in Seconds**
 - Meditation tactics for on-the-go individuals
- **Spiritual Awakenings**
 - How to connect with your higher self
- **Opening Doors**
 - Unlocking and developing psychic and other latent abilities
- **Divining the Divine**
 - Using clairvoyance, psychometry and other methods of divination

Writing & Publishing

- **Getting Started**
 - A how-to perspective on the submission process from both publisher and author
- **E-book Explosion**
 - The influence and efficacy of digital self-publishing
- **The Write Stuff**
 - Tips, trials and tribulations from a writer of nonfiction, romance and psychic fiction

Melissa Alvarez is an internationally known spiritual intuitive coach and an award-winning author. She has written several nonfiction books and has also published novels in the paranormal romantic suspense genre under the pseudonym Ariana Dupré. Alvarez is the author of 365 Ways to Raise Your Frequency (Llewellyn, 2012). Visit her online at www.MelissaA.com or www.365WaysToRaiseYourFrequency.com.

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